

**FOA**  
FRIENDS OF  
AL-AQSA  
PEACE  
IN PALESTINE



# THE NIGHT JOURNEY

Al Isra Wal Miraj

# WORKBOOK



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

**In the Name of Allah, Most  
Gracious, Most Merciful**

This book belongs to .....

رَبِّ زِدْنِي عِلْمًا

**My Lord Increase me in  
Knowledge**



# Welcome

Assalamu-alaykum and welcome to *The Night Journey Workbook*. We hope you enjoy the many activities and lessons we have today.

This workbook will help you throughout the day so keep it filled in and up to date.

The first question that you are probably thinking is, "What is *Al-Isra Wal Miraj*" ?

Al Isra was a special journey made by our Prophet ﷺ from Makkah to Jerusalem. The Angel Jibrael ﷺ brought an animal from heaven called Buraq for Muhammad ﷺ to ride on.

He travelled to Masjid Al-Aqsa and from there he ascended into the heavens (*Al-Miraj*) . He met many prophets on his way through the seven heavens beyond which he spoke with Allah.

Prophet Muhammad ﷺ was given a special gift of Salah during this journey.

## Keywords

KEY

### Prophets

Prophets are special people that Allah chose to teach their people about Allah and how He wants us to live. They would teach the people how to be good.

KEY

### Muhammad

Muhammad ﷺ was the Last Prophet of Allah. He was sent to all mankind to teach us about Allah and how to live our lives on the Earth.

KEY

### Masjid

Masjid is the house of Allah. It is a place where we go to pray and also go to learn about our religion. In English people often call it a mosque.

KEY

### Al Aqsa

Al Masjid al Aqsa is the second masjid to be built on the earth. It is also in a very holy land, Jerusalem. It is the third holiest masjid in the world.

KEY



This is to remind us to say 'Sallallahu alayhi wa sallam' (*Peace Be Upon Him*). We must say this whenever we hear or read our Prophet Muhammad's ﷺ name.

KEY

### Jibrael

Angel Jibrael ﷺ is an angel of Allah. He would bring the revelation from Allah to the prophets. Jibrael ﷺ was the greatest angel of Allah.



Path of knowledge: Who so ever treads a path connected with knowledge, Allah will make the path to Jannah easy for him.

### The Journey

Islam is the path that we all walk so make each step solid, like a rock. With each step remember your Lord and in learning Islam don't get bored.

Don't give up because the path is tough to power you along, your Iman is enough. We are all together as we travel along, stick together and we can't go wrong.

**KEY**

## Birth

After Amina and Abdullah got married, Abdullah was sent on a trade journey where he passed away. Muhammad ﷺ was born a few months later.

**KEY**

## Halima

When Muhammad ﷺ was a youngster, he was taken to the desert to be brought up with the Bedouins by Halima Sadia. She looked after him and loved Him.

**KEY**

## Marriage

When Muhammad ﷺ was 25 years old, he married Khadija who was a widow aged 40. They lived happily together and would often help others in times of need.

**KEY**

## Death

When Muhammad ﷺ passed away, he was 63 years old. The message had been perfected and delivered to the people. Muhammad's ﷺ mission was over.

**KEY**

## Mount Noor

Muhammad ﷺ was in cave Hira, in mount Noor, on the outskirts of Makkah. Angel Jibrael ﷺ came and taught him the first five verses of the Quran.

**KEY**

## Expansion

Islam spread amongst the many tribes in Arabia. There were many forces in and around Arabia who wanted to destroy Islam but were unsuccessful.

# Key Facts In The Life Of Prophet Muhammad



Muhammad ﷺ was the prophet of Allah who was an inspiration and a beacon of kindness and good character.

This is a short summary of his life. We should read about this great man in the books of Seerah.

**KEY**

## Persecution

People began to follow the teachings of Muhammad ﷺ and accept Islam. The people of Makkah began to hurt and bully the Muslims.

**KEY**

## Makkah

The Muslims went to Makkah with great mercy and love. All the people of Makkah were forgiven. They were impressed with such kindness and became Muslims.

**KEY**

## Rumours

More and more people began to accept Islam so the Makkans started to spread lies and rumours about Muhammad ﷺ. They were trying to stop Islam.

**KEY**

## Treaty

A treaty was signed insuring years of peace between the people of Makkah and the Muslims in Madina. In this time of peace, Islam spread quickly.

**KEY**

## Sadness

In the year of sadness, Muhammad's ﷺ wife, Khadija and his uncle, Abu Talib, passed away. Also the people of Taif threw stones and chased him.

**KEY**

## Uhud

The people of Makkah sent another huge army to attack the Muslims. The Muslims suffered some losses and the Makkans were more determined to attack.

**KEY**

## Badr

The Makkans sent an army against the Muslims who were preventing their caravans passing near Madina. The Makkans sent a huge army but were defeated.

**KEY**

## Hijra

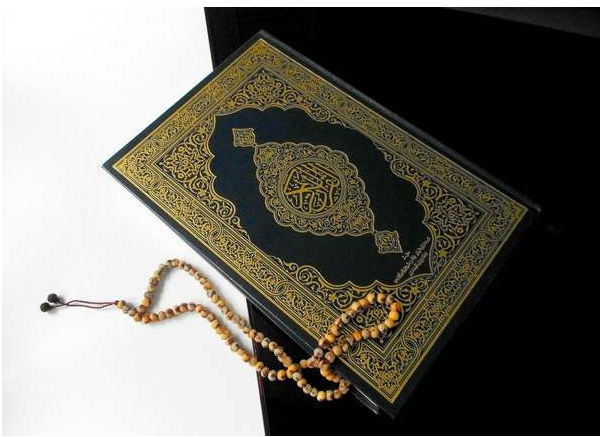
Allah commanded the Muslims to migrate to Madina where there was a small Muslim community. The Muslims left everything and started a new life in Madina.



# Al Isra Wal Miraj

## Before the Night Journey

Since Muhammad ﷺ received the first revelation, the people of Makkah had been against Muhammad ﷺ and his followers. Muhammad ﷺ told the people to worship only Allah whilst the people of Makkah worshipped many idols as their god.



The persecution of the Muslims steadily increased as suffering and injury was inflicted on the Muslims. The three year boycott against the Muslims had finished where the Muslims were forced to live in horrendous conditions of poverty and hunger. No one was allowed to trade with the Muslims or have any relations, business or otherwise during this time.

## The Year of Sadness

After three years of suffering and hardship, the boycott was finally over.

Shortly afterwards, Muhammad's ﷺ beloved wife Khadija ﷺ passed away, who was a great friend and companion during these difficult years. His Uncle Abu Talib also passed away who had given him protection and security against the people of Makkah.



Muhammad ﷺ decided to go to Taif and speak to the people there, maybe they would accept Islam. However, the leaders of Taif told the people to throw stones at Muhammad ﷺ and chase him away from Taif. Muhammad ﷺ was injured, bleeding and exhausted as he escaped from their grasp.

This year was known as the year of sadness. It was in this year that the Angel Jibrael ﷺ came to Muhammad ﷺ and the amazing night journey (Al Isra Wal Miraj) took place.

## Angel Jibrael Visits

Muhammad ﷺ had finished praying Salah and was asleep at Umm Hani's house

which was close to the Ka'bah. The roof of the house opened up and Angel Jibrael عليه السلام came. Jibrael عليه السلام then split open Muhammad's ص chest and cleansed his heart with Zamzam and poured wisdom and faith into his chest before sealing it up.



Muhammad ص entered a room which was filled with many people. A call was made for prayer and all the people waited for someone to lead the prayer. Angel Jibrael عليه السلام came forward and took Muhammad's ص hand and lead him to the front. Muhammad ص then led the salah for all these people.

After the salah Angel Jibrael عليه السلام explained to Muhammad ص that these people who he had led the prayer for were prophets. Muhammad ص was amazed at this blessed gathering of such great spiritual teachers who had taught their people throughout the ages.

## The Journey Begins

Angel Jibrael عليه السلام was accompanied by a white animal called the Buraq. It was a white animal, smaller than a mule but bigger than a donkey. Muhammad ص and Jibrael عليه السلام mounted the animal and they all set off into the night towards Jerusalem. The Buraq was able to leap a huge distance between each stride. Each stride was as far as the eye could see.



## The Ascension in Heavens

### Arrival in Jerusalem

Soon they reached Jerusalem and Muhammad ص dismounted the Buraq and tied it to a ring.

After this Angel Jibrael عليه السلام and Muhammad ص ascended towards the heavens. When they reached the first heaven, Angel Jibrael عليه السلام knocked on the



door. He was invited into the heaven. Angel Jibrael عليه السلام told Muhammad ﷺ that this was his father Adam عليه السلام (the first man Allah created). Muhammad ﷺ greeted Adam عليه السلام and Adam عليه السلام returned the greeting and said "Welcome O my son! O what a good son you are!"

They then continued the journey to the second heaven.

When they went to the second heaven, they again knocked on the door of the heaven. The angel at the door asked 'Who is it?' and Jibrael عليه السلام replied "Jibrael." The angel in the heaven asked "Who is accompanying you?"

Jibrael عليه السلام said, "Muhammad", the angel said "Has he been sent for?" Jibrael عليه السلام said, "yes" then the angel replied 'He is welcome.'

In this heaven they met prophet Yahyah عليه السلام (John) and Isa عليه السلام (Jesus) and Muhammad ﷺ greeted both prophets and they returned the greeting. Muhammad ﷺ and Jibrael عليه السلام continued the journey into the third heaven.

In the third heaven, they were again met at the door by an angel who let

them in. In the third heaven, they met a very handsome prophet Yusuf عليه السلام.

Yusuf عليه السلام was introduced to Muhammad ﷺ and he greeted Yusuf عليه السلام. Yusuf عليه السلام returned the greeting and welcomed Muhammad ﷺ saying "Welcome O' Brother and Prophet". They then continued their journey, ascending into the fourth heaven.

In the fourth Heaven, Again they were allowed into the heaven and Prophet Idris عليه السلام was present. They exchanged greeting as with the other prophets before moving onto the fifth heaven.

In the fifth heaven, they met Haroon عليه السلام who again exchanged greeting between them and welcomed Muhammad ﷺ to the heaven.

## The Sixth Heaven

They continued the journey to the sixth heaven where they met Musa عليه السلام who again said the salaam and welcomed him. Musa عليه السلام cried out and Muhammad ﷺ asked him what the matter was. Musa عليه السلام said that a young man was sent after him and more of his followers will be accepted into Jannah than Musa's عليه السلام own followers. He was referring to the

followers of Muhammad ﷺ who was sent after Musa ﷺ.

In the seventh heaven, they were again admitted into the heaven by the angel guarding the door. Muhammad ﷺ again exchanged greetings with Ibrahim ﷺ who welcomed Muhammad ﷺ into the seventh heaven Ibrahim ﷺ was sitting on a golden throne in this heaven.

## Beyond the Seventh Heaven

Muhammad ﷺ and Jibrael ﷺ continued to ascend past the seventh heaven. He was taken higher until he could hear the scratching of pens. He saw a man disappear into the light. Muhammad ﷺ asked Jibrael ﷺ who this man was and the angel replied, "*This is a man whose tongue was moist with Allah's remembrance in the world, and his heart was attached to the Masjid, and he never incurred the curse of his father and mother*"

As they continued to ascend, they approached the lote tree which represents the point where no one, who has ascended from below, could go beyond. Jibrael ﷺ told Muhammad ﷺ that he could not travel beyond this point so Muhammad ﷺ had to continue the journey by himself.

## The Gifts From Allah



Muhammad ﷺ then spoke to Allah and Allah gave him three gifts including 50 salah to be prayed every day by the Muslims. Muhammad ﷺ then returned and both Muhammad ﷺ and Jibrael ﷺ continued to descend down through the heavens.

## The Reduction of salah

At the sixth heaven, they met Musa ﷺ who asked what Allah had given him for his ummah. Muhammad ﷺ explained that he was given a gift of 50 Salah. Musa ﷺ told him that he had experience with his people and that this would be too much for the Muslims to perform. He advised Muhammad ﷺ to return back to Allah and get a reduction.

Muhammad ﷺ returned to Allah and Allah reduced the salah by 5 to 45



Salah. After this Muhammad ﷺ began to descend back through the heavens and again at the sixth heaven he was stopped by Musa عليه السلام. Musa عليه السلام asked about the gift of Salah and Muhammad ﷺ said that the salah had been reduced to 45. Again Musa عليه السلام said that this was too much and that he was sure that the Muslims would not be able to perform 45 salah a day. He advised Muhammad ﷺ to return to Allah and ask for a reduction.



Muhammad ﷺ again returned and the salah was reduced by another 5. Again Musa عليه السلام stopped Muhammad ﷺ and advised him to get a further reduction on the salah. Muhammad ﷺ returned to Allah to ask for a reduction.

This going back and forth continued until the Salah was reduced to 5. When Muhammad ﷺ was descending, again Musa عليه السلام stopped him and Muhammad ﷺ told him that the salah was reduced to 5 salah. Musa عليه السلام again advised him that

this was too much and that he should get it reduced further. However Muhammad ﷺ felt embarrassed to go back to Allah and ask for a further reduction in Salah.

## From Jerusalem to Makkah

Muhammad ﷺ and Jibrael عليه السلام continued their descent through the heaven until they returned to Jerusalem. In Jerusalem, Muhammad ﷺ and Jibrael عليه السلام mounted the Buraq and they returned to Makkah.

On the way they helped to catch a stray camel and returned it to the caravan. They also stopped for water from a water container. It was left open by Muhammad ﷺ.

## Sharing the Story

Muhammad ﷺ related the story, of this fantastic journey to Jerusalem and into the heavens, to the people. The people of Makkah laughed at this amazing journey and called him a liar. They tried to make a joke of the Muslims.

The people of Makkah went to the Muslims to taunt them about the story and make fun of Muhammad ﷺ and this

unbelievable journey.

## Abu Bakr - The Siddique

When they approached Abu Bakr ﷺ and told him the story of the night Journey. Abu Bakr ﷺ replied that if Muhammad ﷺ said this journey took place then it will be true.

Abu Bakr ﷺ knew that Muhammad ﷺ never lied and always told the truth. It was for this trust in Muhammad ﷺ that Abu Bakr ﷺ was known as the Siddique.

A few days later the caravans that were travelling in the desert



arrived. They told the people about the water container that was left open by a mysterious stranger.

Another caravan that arrived told the people of Makkah about how their lost camel was returned mysteriously to them. Many realized that Muhammad ﷺ had indeed gone on this special journey and was telling the truth.

## The Story Continues...

This was just one small part in the life of Muhammad ﷺ. Millions of kids study and love the life of Muhammad ﷺ.

He was such an amazing person and his story is inspiring, we too should read it.

The miracle of *al-Isra'* is confirmed in the *Qur'an*. In *Surat al-Isra'*, *Ayah 1*, *Allah* said:

سُبْحَانَ الَّذِي أَسْرَى بِعَبْدِهِ لَيْلًا مِنَ الْمَسْجِدِ الْحَرَامِ إِلَى الْمَسْجِدِ الْأَقْصَا  
الَّذِي بَارَكْنَا حَوْلَهُ لِنُرِيَهُ مِنْ آيَاتِنَا إِنَّهُ هُوَ السَّمِيعُ الْبَصِيرُ

which means: [Praise be to *Allah* Who enabled His slave, *Muhammad*, to make the journey at night from *Masjid al-Haram* in *Makkah* to *Masjid al-Aqsa* in *Jerusalem*, which is surrounded a blessed land.]



# Al-Isra

Al Isra is the night journey which was made by our

Prophet ﷺ from the Masjid al-Haram in Makkah to masjid Al-Aqsa in Jerusalem.

What made this journey so special was that it took a very short time whilst in those days it would take months travelling by camel.

This was a miracle but what made it more amazing was that he ﷺ travelled on the buraq which was an animal from Heaven.

The second part of this miracle was that Muhammad ﷺ then led salah at masjid al-Aqsa. The masjid was full of very important people known as the prophets of Allah. Every single prophet that Allah sent to the Earth was present for that blessed salah.

## Masjid Al Haram

Masjid Al Haram is the most Holiest Masjid. It includes the Ka'bah and the surrounding Masjid. Muslims must perform the Hajj to this masjid.

## Makkah

Makkah is the holy city in Saudi Arabia. This is the city in which our beloved Prophet Muhammad ﷺ was born. The Ka'bah is also in this City.

## Jerusalem

Is the city where Masjid Al Aqsa is located. It is known as Bayt ul Maqdis (the blessed house). This literally means the blessed land.

## Prophets of Allah

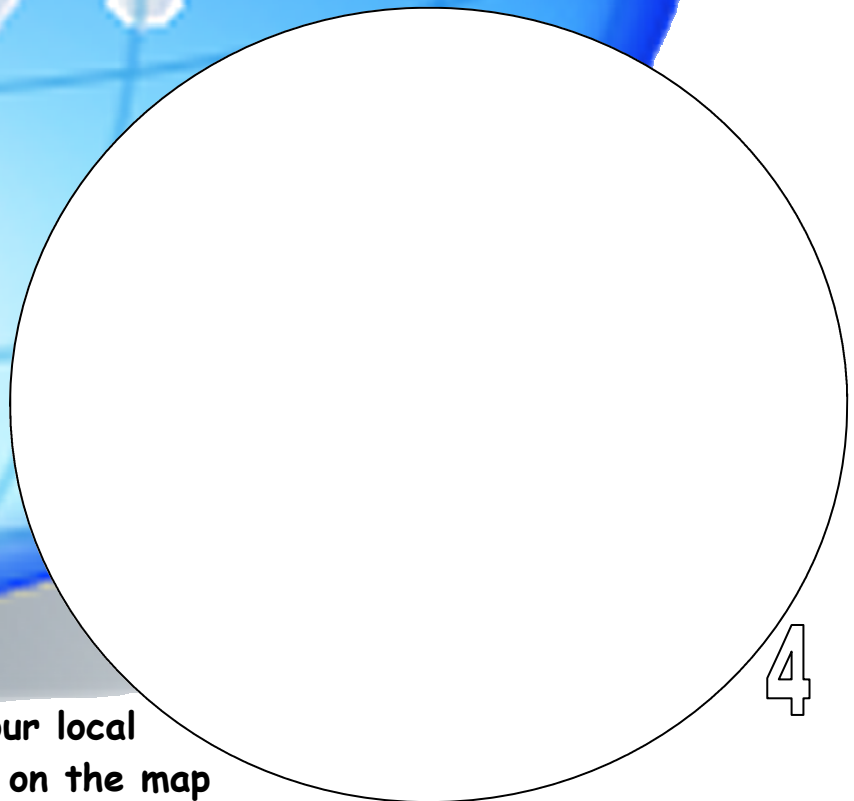
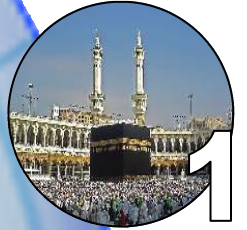
# WORD SEARCH

How many Prophets of Allah can you find?

B	G	I	S	A	J	R	B	Y	U	N	U	S
T	I	R	J	M	U	H	A	M	M	A	D	Q
C	B	X	S	U	L	A	I	M	A	N	Q	Z
G	R	D	R	P	J	Y	G	P	Z	Y	V	G
T	A	F	X	Y	N	K	B	C	K	A	G	I
L	H	P	J	F	U	S	U	Y	D	Q	W	L
E	I	R	W	F	H	V	W	A	V	O	Z	Y
A	M	F	C	Y	R	C	G	H	H	O	H	A
M	T	I	S	H	A	Q	C	Y	D	B	G	S
S	X	N	H	L	Y	H	L	A	K	B	Z	Q
I	D	R	I	S	Q	D	G	B	D	L	U	T
F	T	N	F	M	V	A	D	A	M	Q	B	Q
T	H	A	R	O	O	N	F	L	A	S	U	M

# << Mosques Around the World

Do you know the location of the Mosques in the circles below? Draw an arrow to the rough location of the Mosque



**Draw a picture of your local masjid and mark it on the map**



## Ka'bah in Makkah

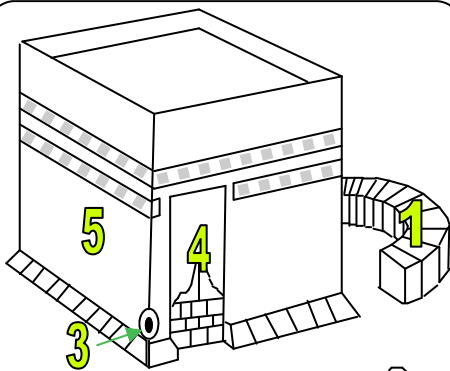
The Ka'bah is a very special and blessed place for Muslims.

Allah had commanded Prophet Ibrahim عليه السلام to build a house for people to come and worship Allah.

In those days people worshiped idols and other different objects.

Once Ibrahim عليه السلام had completed the Ka'bah with his son Ismael عليه السلام, Allah commanded Ibrahim عليه السلام to announce to the people to come and perform the Hajj to Makkah.

From that time to present day Muslims visit this holy place.



(1) The Hatim is a low wall near the Ka'bah, originally it was part of the Ka'bah.

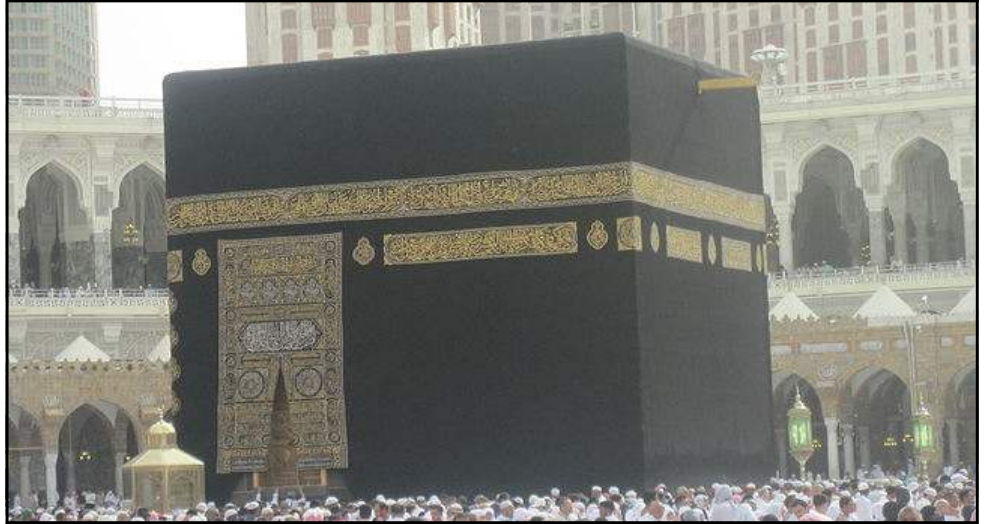
(2) The Maqam-e-Ibrahim contains the stone on which Ibrahim عليه السلام stood when he was building the Ka'bah.

(3) The Hajri-e-Aswad is the corner stone of the Ka'bah. Angel Jibrael عليه السلام brought this stone from Jannah to complete the Ka'bah.

(4) The Door to the Ka'bah is raised 2.13m off the ground.

(5) The Kiswah or Ghilaf is the cover of the Ka'bah which is changed annually

## The Night Journey began from Makkah....



KEY

### Hajj

The annual pilgrimage to Makkah which must be performed by all Muslims, at least once in their life. This is a very important act of worship, the fifth pillar of Islam

KEY

### Qur'an

The Quran is the word of Allah which was revealed to Prophet Muhammad عليه السلام through the Angel Jibrael عليه السلام. It is a code of life for the Muslims.

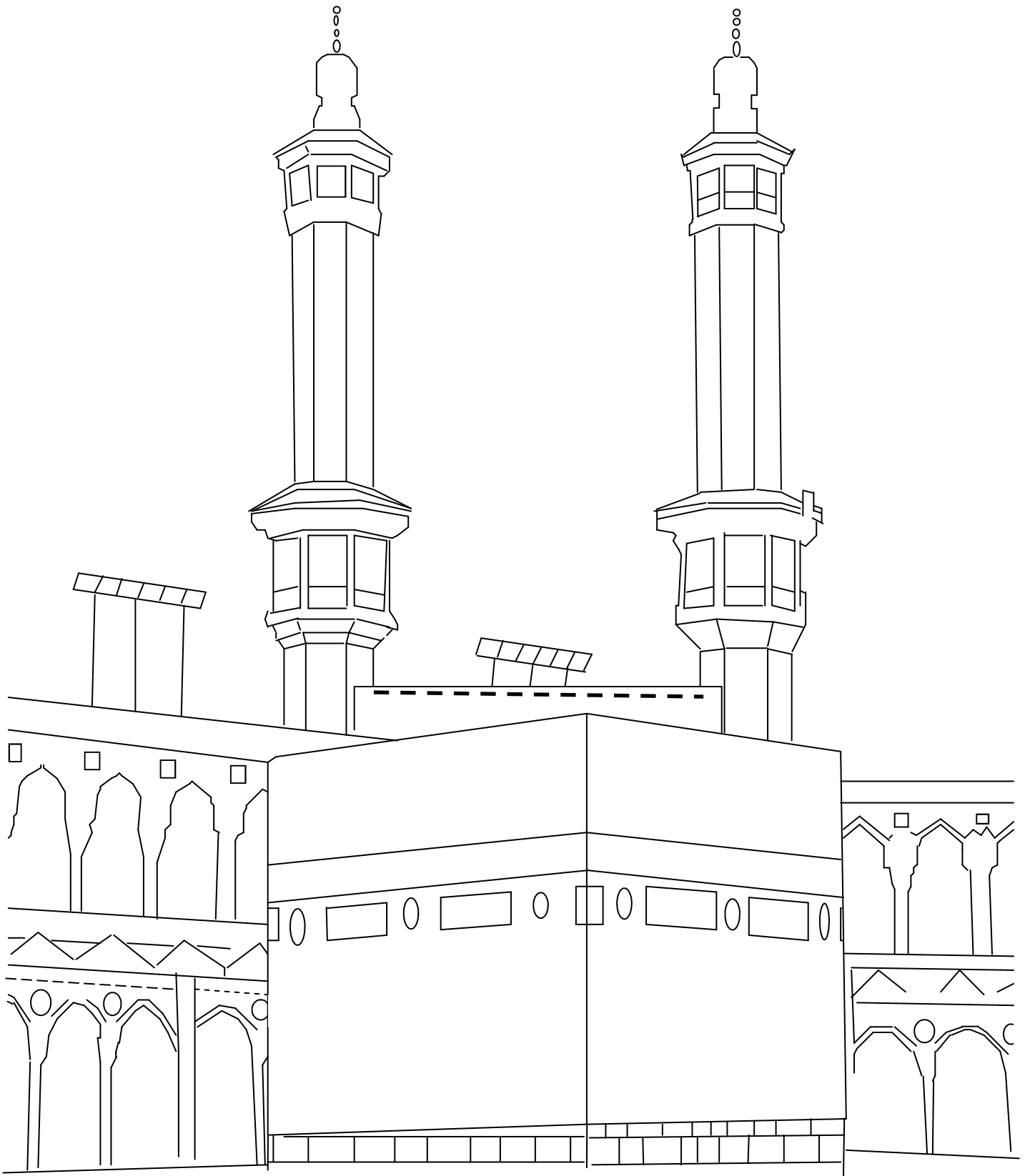
### History:

Muhammad عليه السلام was born in Makkah in the year of the Elephant. In this year, Abraha came with a huge army which included elephants. He wanted to destroy the Ka'bah.

When they reached Makkah and intended to attack the Ka'bah, Allah sent an army of birds to destroy the army. The birds dropped stones from their claws and their beaks, destroying the army.

Many years later, Muhammad عليه السلام was near the Ka'bah, resting. It had been a sad year for him with many losses which had saddened him. This year was known as the year of sadness.

It was in the year of sadness that the Angel Jibrael عليه السلام came to him with the Buraq. They went on this amazing night journey, moving through the sky at amazing speeds to Masjid Al-Aqsa. This was only the first part of this amazing journey.



The Ka'bah in Makkah

# Al-Aqsa

Masjid Al Aqsa was the second masjid to be built on the Earth. It was built in Jerusalem.

It is the third holiest Mosque in Islam.

It is a very special masjid because Prophet Muhammad ﷺ lead Salah there with all the

Prophets praying behind him.

Reading Salah in Masjid Al-Aqsa holds 500 times more reward.

KEY

## Qibla

The Qibla is the direction of prayer during Salah. Muslims must pray towards the Ka'bah. The Mehrab is on the Qibla wall in a masjid.

## Al-Aqsa Facts:

The first direction of prayer (Qibla) for the Muslims was Masjid Al-Aqsa.

Allah commanded the Muslims to change the direction towards the Ka'bah later on after the Hijrah.

In the Khilafat of Umar bin Khattabؓ, the leaders of Jerusalem allowed the Muslims to take over Jerusalem on the condition that Umar ﷺ gave his personal guarantee.

Umar ﷺ travelled to Jerusalem and made a pledge to the Christian leaders as well as established many masjids.

The whole Masjid Al-Aqsa complex is huge which includes Masjid Umar and dome of the rock masjid.

... to the farthest Mosque (Al Aqsa).

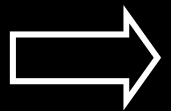


Our prophet ﷺ was lying down resting  
When the Angel visited him requesting,  
To join him and the Buraq on a ride  
Travelling miles in a single stride



Within seconds they were on their way  
Through the night sky, dark and grey  
In Al-aqsa they stopped and stayed  
With all the prophets they prayed

The Journey resumed, after Salah ended  
Up Into the heavens they both ascended



## KEY Umar bin Khattab

Umar was a great Sahabi. After our prophet ﷺ passed away Abu Bakr ﷺ became the Khalifah followed by Umar bin Khattabؓ. Umar ﷺ was very fair and Just.

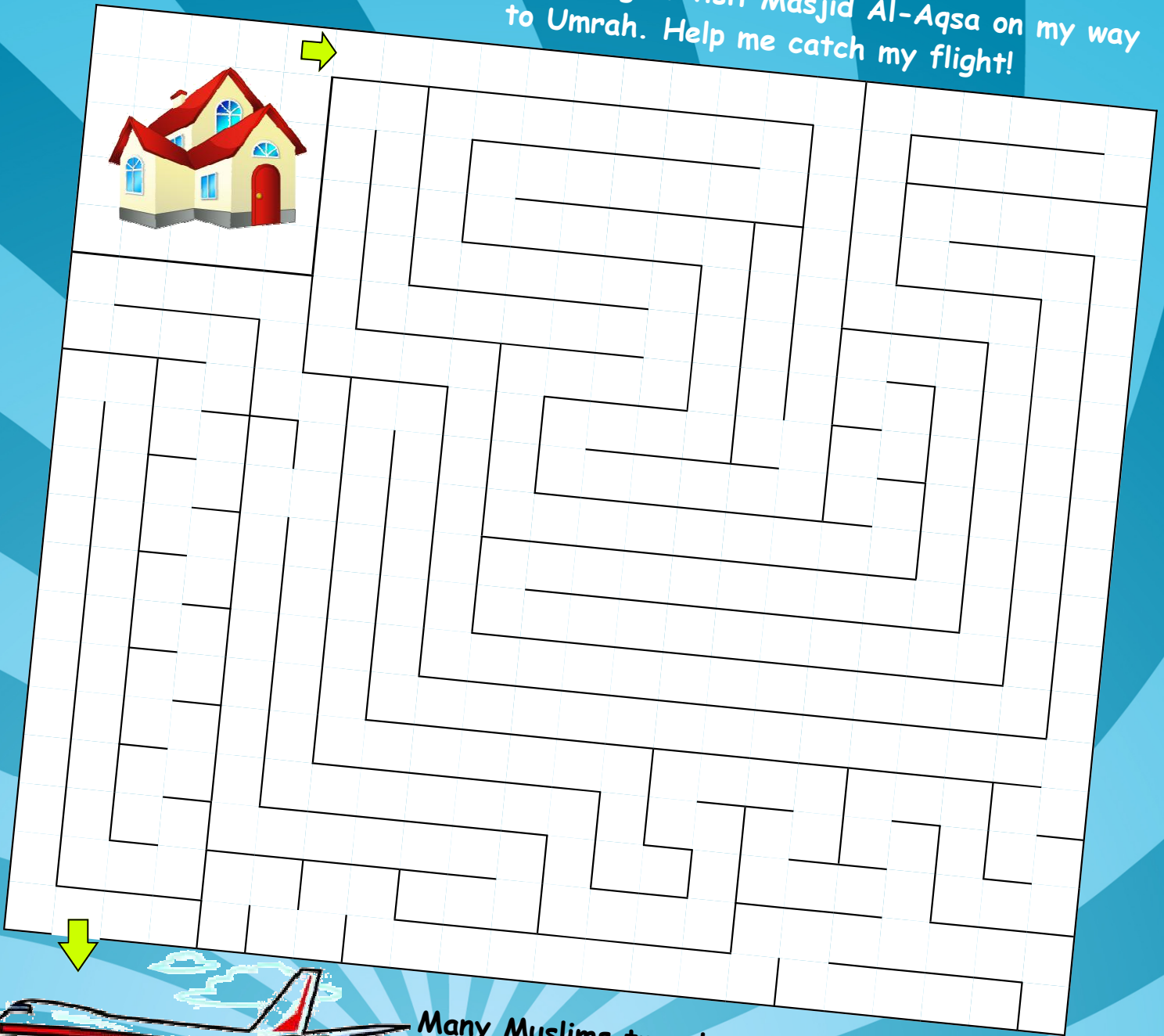
KEY

## Khalifah

Is the person in charge of the Muslims. He will insure the physical, mental and spiritual wellbeing of the whole community.



I'm going to visit Masjid Al-Aqsa on my way to Umrah. Help me catch my flight!



Many Muslims travel to Masjid Al-Aqsa as well as visit Makah and Madina. Unfortunately some Muslims will never be blessed with visiting masjid Al-Aqsa, make sure you don't miss out!



The Ka'bah is the most sacred masjid in the world. It was the first house built for the Worship of Allah. It is visited by many millions of Muslims every year for Hajj and Umrah.

Masjid Nabwi is the second most sacred masjid in the world. It is called the Prophet's Masjid and it is in Madina. It was built after the Hijra from Makkah to Madina.



Masjid al Aqsa is the third most sacred masjid in the world. It was where all the Prophets prayed together during the night of the Miraj

# Al-Buraq

smaller than a mule. It was white in colour and had wings.

The Buraq was a creature from Jannah which Angel Jibrael عليه السلام brought with him when he came to see Muhammad صلى الله عليه وسلم.

The Buraq had special abilities unlike anything we have on Earth.

The Buraq was described as a tall animal which was bigger than a donkey and

In one leap it could travel a huge distance - as far as it could see. Prophet Muhammad صلى الله عليه وسلم and Angel Jibrael عليه السلام both rode on this animal to travel from Makkah to the farthest Masjid (Masjid Al-Aqsa).

It was truly a remarkable and amazing animal that Muhammad صلى الله عليه وسلم travelled on this blessed night.

KEY

## Creation

Allah has made everything that exists and everything that will exist in the future. We can only see some of creation on Earth and in this life.

Allah has 99 attributes or names. Through reflection and understanding these attributes, we get closer to Allah.

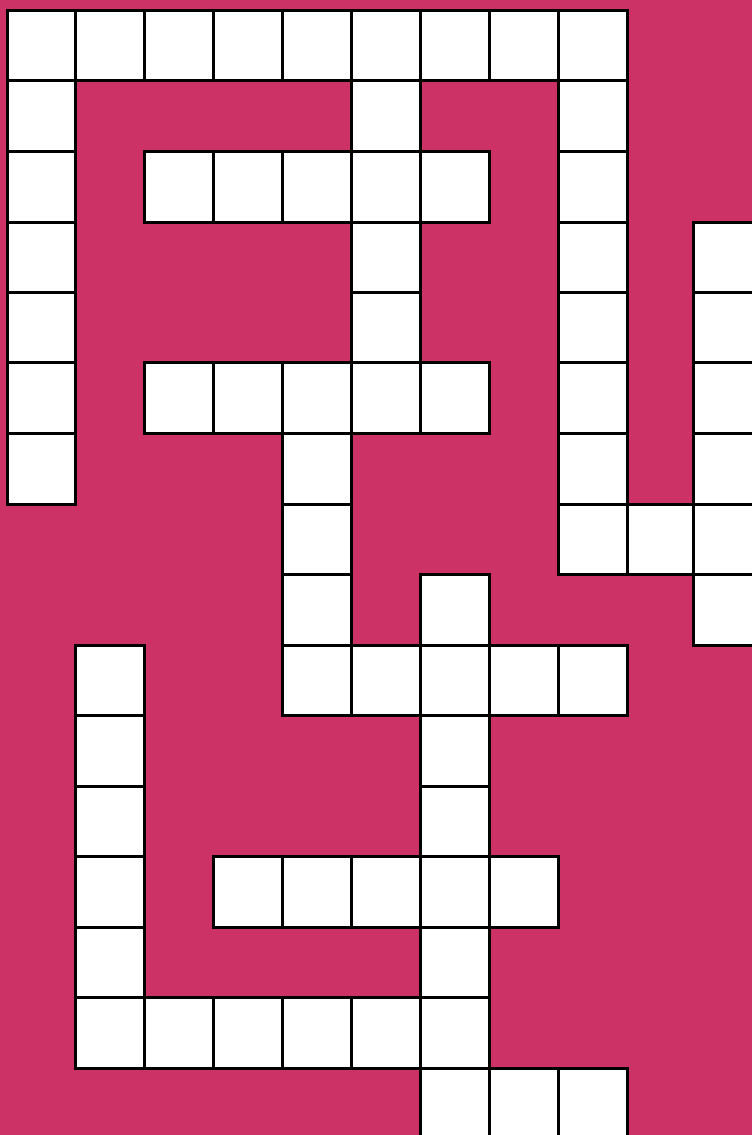
KEY

## Unseen

There are things we can see on Earth and then there are those that are hidden from us. There are many creations on earth that we can not see but do exist.

# WORD FIT

- Dua
- Sky
- Salah
- Buraq
- Kabah
- Quran
- Night
- Masjid
- Makkah
- Al Aqsa
- Jibrael
- Prophets
- Muhammad
- Jerusalem



# Salah at Al-Aqsa

Prophet Muhammad ﷺ led the Salah at Masjid Al-Aqsa. The congregation was very blessed indeed as it consisted of all the prophets that ever lived. They had gathered in one place in time to make this special Salah.

Can you imagine the blessing of this amazing night in which the cream of all humanity were gathered together to make salah. Salah being an act of worship that is prescribed by Allah to all the believers, a special gift.

KEY

## Salah

Literally means Dua that is why we ask Allah for guidance in every Rakah. Salah takes us towards Jannah and keeps us close to Allah.

Every prophet would perform Salah. We should also be punctual in Salah.

KEY

## Hijra

Literally means migration. This usually refers to the migration of the Muslims from Makkah to Madina. It took place at the time of Prophet Muhammad ﷺ.

*Sujood*

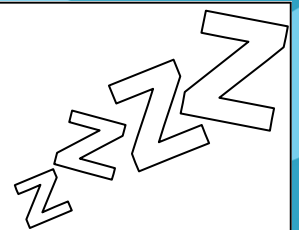
Can you write the meanings or draw a picture to explain these words.



It's so dark that the birds aren't singing  
Only noise is my alarm clock ringing  
I reach out and switch on the light  
Outside it's morning but looks like night

*Rukoo*

Salah is important according to the wise  
So I rub away sleep from my eyes  
I jump out of bed with a big leap  
My body is awake but wants to sleep



*Qiyaam*



My bed says "Come back I'm cosy and warm,  
and outside is horrible, blowing a storm!"  
The salah is calling, "Do what is right,  
Rush to salah and laziness you must fight"

I complete Salah and jump into bed  
Feeling peace from my toes to my head  
Within a few minutes I drift asleep  
A sleep so good, both pure and deep





# HADITH

Abu Huraira  Narrates

On the night Allah's Apostle was taken on a night journey (Miraj) two cups, one containing wine and the other milk, were presented to him at Jerusalem. He looked at it and took the cup of milk. Gabriel said, "Praise be to Allah Who guided you to Al-Fitra (the right path); if you had taken (the cup of) wine, your nation would have gone astray."

Sahih al Bukhari

## Lesson from this Hadith:

We are people of choice. This means we have the choice to do good or bad.



Our nature is to do good and our nafs (desires) is to do bad.

The Milk represents nature whilst the wine represents our desires.


The people that do good are those that are guided. The people who do evil or bad are those that have gone astray.

We should follow our nature and always do good.

## Hadith

A Hadith is a record of something Prophet Muhammad  said or did; an action he approved of or disapproved of; Prophet Muhammad's  description.

## Sanad

A sanad is the chain of narrations. It is a list showing which person heard it from which teacher until it reached our Prophet Muhammad .

## Matan


This is the actual words of the Hadith. The Matan contains the message of the hadith that was narrated. The Matan is the words on the scroll above in black text.

## Collector

Is the person who went to learn the Hadith and then compiled it in his book. There were many Collectors throughout Islamic History.

Hadith are important in helping us get a better understanding of Islam.

It can help us get a good understanding of the verses of the Quran the hadith are connected to.

We can get a better understanding of the words of the prophet  or the action the hadith are connected to.

# Al-Miraj

KEY

## Heaven

After they die, Good people will be rewarded with a special prize called Heaven. They will live here for ever and ever. Bad people will live in hell as a punishment.

After Salah Prophet Muhammad ﷺ, accompanied by Angel Jibrael, ascended into the heavens.

At each heaven they met different Prophets. Prophet Muhammad ﷺ met and spoke with the prophets. He also saw many amazing things in the heavens.

After the 7th Heaven, Prophet Muhammad ﷺ ascended into the presence of Allah (swt) where he spoke with Allah. Allah gave Muhammad ﷺ a special gift of Salah.

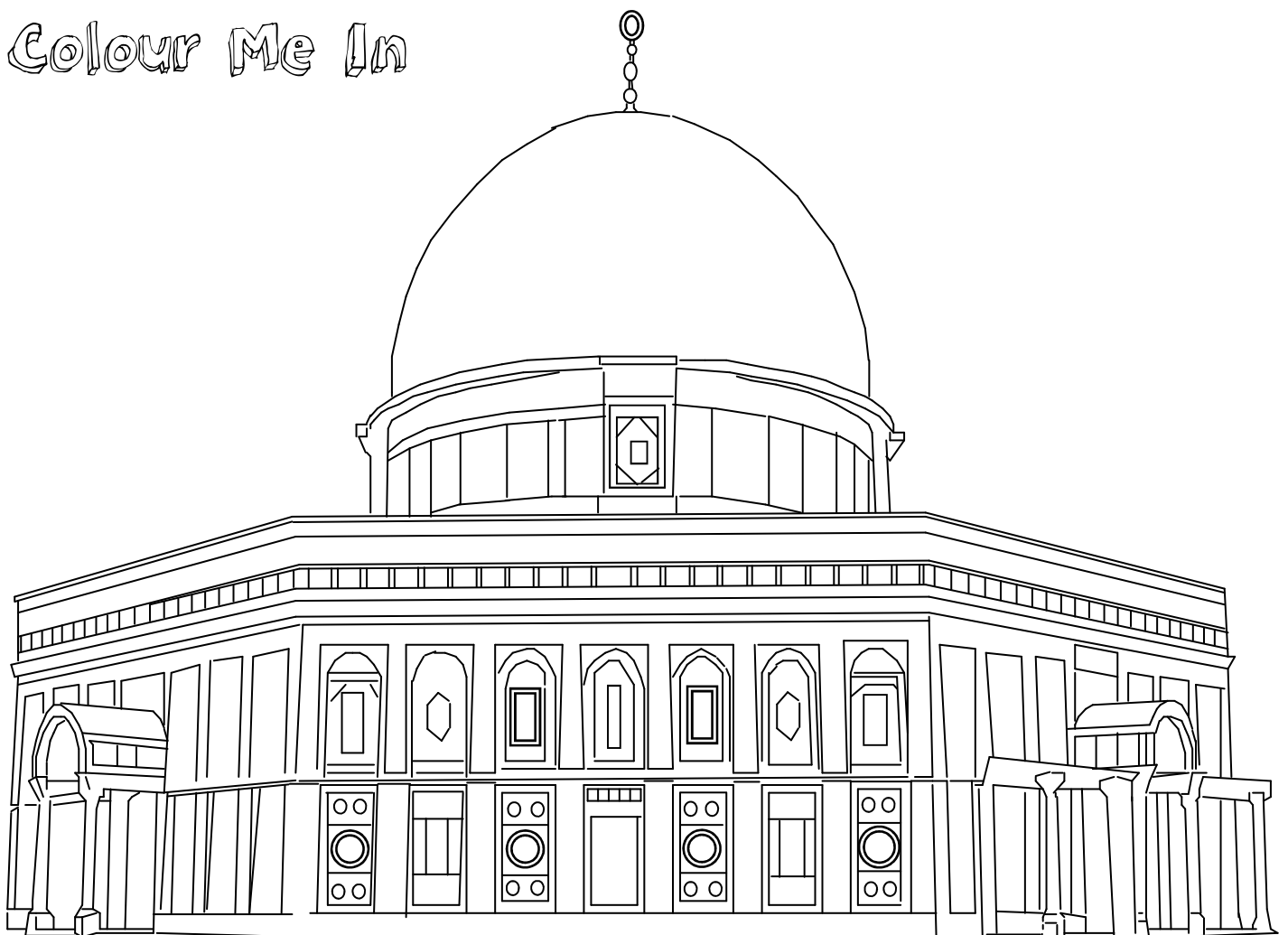
After returning to Makkah, Prophet Muhammad ﷺ told the people about this amazing journey.

Make preparations, life is a test.  
Be nice to everyone, not a pest  
In everything good, try your best  
In following Islam, don't ever rest

# LIFE!

Take duties seriously, not in jest  
Let learning Islam be your quest  
In hard times, have sabr not stress  
Be solid, when things look messed

Colour Me In



# Al-Miraj - Into The Heavens



Blank box for writing the name of the prophet met in the 2nd Heaven.



Blank box for writing the name of the prophet met in the 1st Heaven.



Blank box for writing the name of the prophet met in the 3rd Heaven.



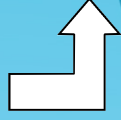
Blank box for writing the name of the prophet met in the 4th Heaven.



Blank box for writing the name of the prophet met in the 5th Heaven.



Blank box for writing the name of the prophet met in the 6th Heaven.



Blank box for writing the name of the prophet met in the 7th Heaven.



In each Heaven Prophet Muhammad ﷺ met a different Prophet.

Can you write the name of each prophet Muhammad ﷺ met at each Heaven



# Heaven



**On arriving at the first Heaven, Jibrael knocked on the door.**

The Angel at the first Heaven asked, 'Who is it?' Jibrael ﷺ replied "Jibrael." The Angel then asked, "Who is accompanying you?" Jibrael ﷺ said, "Muhammad." He said, "Has he been called?" Jibrael ﷺ said, "Yes." He said, "He is welcomed."

In this heaven, Muhammad ﷺ met Adam ﷺ the first man and first Prophet of Allah. Adam ﷺ was created by Allah and used to live in heaven. He was sent down from heaven along with his wife (Hawa) onto the earth where they lived and asked for Allah's Pardon.

1.

2.

**Four Interesting facts about Prophet Adam ﷺ**

## KEY Angels

Angels are the creation of Allah who were made to carry out the duties Allah gave them. They have no free will like humans and can't disobey Allah ever.

## KEY Mikaeel

Angel Mikaeel has the job of bringing rain and nourishment to Earth.

## KEY Jibrael

Jibrael ﷺ has the job of bringing revelation from Allah to the prophets. Angel Jibrael ﷺ is the head of all the angels.

## KEY Israfeel

Israfeel will blow the trumpet on the last day which will signal the end of life on Earth. He will blow it again to signal the start of the day of Judgement.

3.

4.

## **IQRA!**

Muhammad

ﷺ was 40 years old and was in a cave in mount Hira when the Angel Jibrael ﷺ came to him.

The angel said "Iqra!" which

means to read, repeat or recite.

Muhammad ﷺ was unlettered and he replied, "I can not read" The angel squeezed Muhammad ﷺ and repeated "Iqra!"

Again Muhammad ﷺ gave the same reply and Jibrael ﷺ squeezed him saying "Iqra!"

Muhammad ﷺ gave the same reply, the Angel Squeezed him and then recited the first five verses of the Quran.

# Heaven

2

After being admitted into the second Heaven Prophet Muhammad ﷺ was met by Isa ﷺ and Yahya ﷺ. They welcomed him and made dua for him.

Isa ﷺ was a great prophet of Allah. He is more commonly known as Jesus. He was born miraculously to Maryam and was sent to guide the people to Allah. He would heal the ill and blind. He encouraged people to do good and also taught them to pray to Allah alone.

Isa ﷺ was a prophet of Allah and a cousin of Prophet Yahya ﷺ. Many people believe false things about Isa ﷺ which is a major sin. This includes the sin of Shirk.

After a prophet passed away, later generations would soon begin to believe wrong things about that prophet. The original message of the prophet was then lost or corrupted and Allah would send another prophet.

KEY

## Miracles

A Miracle is something which is extraordinary or beyond human explanation. Every prophet was given miracles to show people they were sent by Allah.

KEY

## Isa

Isa ﷺ was a prophet of Allah. He was a very just and respected Prophet. Many people believe him to be the son of Allah which is completely wrong.

### Truthful things said about Isa ﷺ

### Sort out the facts about Isa ﷺ

### False things said about Isa ﷺ

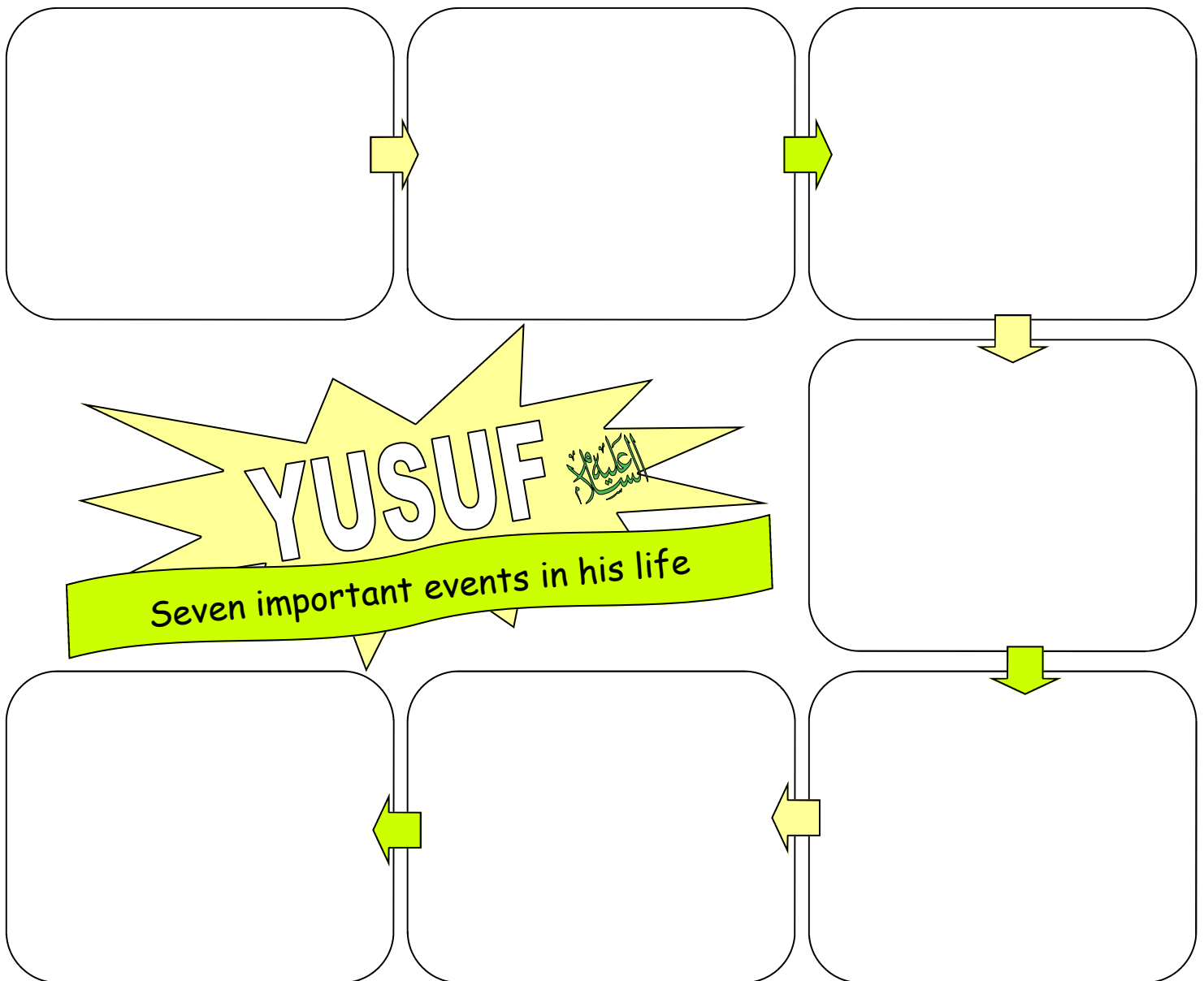
# Heaven



In the third Heaven, Muhammad ﷺ met Yusuf (as). Muhammad was amazed at the beauty of Yusuf ﷺ.

Yusuf ﷺ was the son of Yaqoob ﷺ. Yusuf ﷺ was thrown into the well by his brothers who were jealous of him. He was rescued by people passing by and ended up in Egypt in the house of Aziz. He served there and ended up falsely accused of a crime.

Yusuf ﷺ spent some time in prison. He was finally pardoned when he interpreted the dream of the king about the forth coming famine. He rose in power and status. Finally, he reunited with his brothers and his loving father.



The story of Yusuf ﷺ is just one story in the Holy Quran. It teaches us many lessons on how to live our lives. It also teaches us good qualities such as honesty, integrity, respect, forgiveness and patience. The Quran is guidance, teaching us how to live a good life on this Earth and be successful in the next.



# Heaven



In the Fourth Heaven, Muhammad ﷺ met Idris عليه السلام who was a great prophet of Allah.

Idris عليه السلام came in the early days when Adam عليه السلام was still alive. Idris عليه السلام use to talk about the greatness of Allah. He would stitch clothes and wear them whilst in those days people would wear leaves etc.

He was the first person to write with the pen. He was raised into the heavens which was a great privilege for a prophet.

In the fourth Heaven, The Angel of death met the Prophet ﷺ and was very surprised because He had come to take Idris' soul in the fourth Heaven.

He didn't know how Idris would be in the fourth heaven although this was the time and location of his death.

In Islam we must respect each other. We must always speak to each other in a kind and gentle manner.

When we meet each other we make a dua by saying Assalamu alaykum.

When we say the names of the sahabah or prophets we also make a dua for them.

Radhi allahu anhu



**MAY ALLAH BE PLEASED WITH HIM**

**Sahabi**

Sallallahu alyhi wasallam



**MAY ALLAH'S PEACE AND BLESSING BE UPON HIM**  
**Muhammad**



**Alayhis Salaam**

**UPON HIM BE PEACE**

**Prophets**

**KEY**

**Izraeel**

This is the angel of death whose job is to take the soul of a person at the time of his or her death. All Angels have different jobs.

**KEY**

**Qalam**

Means Pen. A Pen is used for studying and learning. Allah swears by the pen in the Quran. This emphasizes the importance of gaining Knowledge.

# Heaven



Muhammad ﷺ ascended into the Fifth Heaven where he met Haroon ؑ, who was the older brother of Musa ؑ.

both brothers were prophets together.

Musa had made a special dua to Allah to also make his older brother Haroon ؑ a prophet. Allah accepted this dua and

Haroon ؑ would accompany Musa ؑ to the Pharaoh's court. Haroon ؑ was also made in charge of the people when Musa ؑ went up the mountain to speak with Allah.

## Miracles of Musa ؑ

Musa ؑ was known as Kaleemullah, the one that Allah spoke to.

# Heaven



He was sent at the time of the Pharaoh and was sent with amazing miracles.

The Pharaoh's wife found the basket and brought up Musa ؑ in the Pharaoh's palace.

Musa ؑ was sent to save his people from slavery under the yoke of the Pharaoh and return them to the straight path.

When Musa ؑ was born his mother put him in a basket and sent him into the river to save him from being killed by the pharaoh.

In later life, when Musa ؑ was granted prophethood. He spoke to the then Pharaoh and asked him to release his people from slavery.

Whenever the Pharaoh refused Allah would send down a plague

# Heaven



In the Seventh heaven, Muhammad ﷺ was met by Ibrahim ؑ. Ibrahim ؑ welcomed him saying "You are welcomed O' son and a Prophet "

Ibrahim ؑ is known as the *friend of Allah*. When he was

a young boy, he knew that the Idols people worshipped could not be God.

When he saw the stars at night, he thought they might be God.

However, when he saw the Moon, he thought this could be God because it was bigger than the stars.

However, when he saw the sun which was bigger and brighter, he thought this might be God.

In the evening the sun went down and Ibrahim ؑ thought this could not be God either.

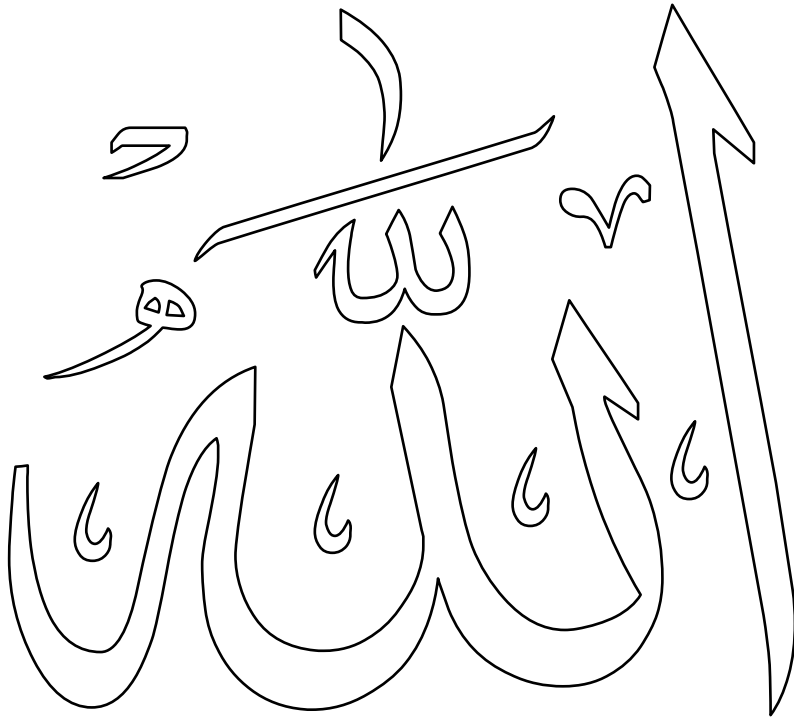
He realised that His God is always there and never goes away. Ibrahim ؑ knew that His God created the sun, moon and stars. He knew that his God was Allah.

This was the beginning of a fantastic story about this great prophet and all the amazing incidents that took place.

Muhammad ﷺ is a direct descendent of Ibrahim ؑ .

## AMAZING FACTS ABOUT IBRAHIM ؑ





## BAIT AL MA'MUR

Is like a Ka'bah to the inhabitants of the sky. Every day 70,000 angels come and do tawaf there. This will continue until the Day of Judgement. This shows the greatness in the number of angels. They are more than humans.

## The Meeting with Allah

After the seventh heaven Jibrael عليه السلام and Muhammed صلى الله عليه وسلم continued their journey until they reached the furthest boundary.

The lote tree marks the furthest boundary. This is the furthest anyone can go that ascends from the Earth below.

Angel Jibrael عليه السلام then stopped and said that he was not permitted to go any further than this point.

Muhammad صلى الله عليه وسلم then continued the last part of this journey himself. Muhammad صلى الله عليه وسلم saw light after light as he travelled to Allah.

The Quran is the Word of Allah and is full of blessings. It is because of this we need to show respect to anything that contains the verses of the Quran.

This workbook has verses of the Quran so please look after it and don't leave it lying around. We mustn't disrespect the words of Allah.

KEY

## Allah

Allah is the name of God in Arabic. Allah is one, he has no partners, family or sons. Allah is the creator of all mankind and he will judge us on the last day.

## THE LOTE TREE

The tree was so huge that it was as far as the eye can see with huge fruits and leaves. The leaves were described as big as the ears of elephants.

There were many golden coloured creatures that looked like birds/moths that covered the whole tree.

They were actually angels who had come to see Muhammad صلى الله عليه وسلم.

**JANNAH** Our prophet Muhammad ﷺ during the journey of al- Miraj was also shown Jannah (paradise). He saw rivers and along their river banks He saw beautiful houses and palaces made from crystals and diamonds. The sand smelled of musk. The prophet ﷺ saw examples of the inhabitants of Jannah.

Draw the scene from Jannah:

# JAHANNAM

Our prophet ﷺ also saw the punishments of Jahannam. He met angel Malik, the angel in charge of hell fire. Malik did not smile. The prophet ﷺ saw the punishments for doing bad deeds such as, talking bad of other people, people who do not pay zakah, people who slept without praying, people that consumed which was forbidden for them.

.The Prophet ﷺ also understood that a good deed would be written for the person who intends to do a good deed, even if he did not do it. Also, the good deed performed would be registered for he who performs it as at least ten good deeds - up to 700 good deeds. For some people, *Allah* would multiply the reward of their deeds even more than that.

Additionally, if one performs a bad deed, it is registered for him as one bad deed; yet for he who inclines towards committing a bad deed and then refrains from committing it, a good deed would be registered for him.

## Our actions will take us towards Jannah or towards Jahanam

Actions that take me  
towards Jannah

Actions that take me  
away from Jannah

**Our Goal is to get as many good deeds as possible**



# GIFTS FROM ALLAH

## Gift 1.

Allah gave us a gift of 50 Salah to perform daily .

When Muhammad ﷺ was returning, Musa asked him what Allah had given him. Muhammad ﷺ explained about the salah.

Musa advised him that he should get it reduced because his Ummah would not be able to meet this obligation.

Muhammad ﷺ returned and it was reduced by 5.

Musa advised him to get it reduced further. Muhammad ﷺ kept returning To Allah until it finally became 5.

Allah gave three gifts to Prophet Muhammad for his Ummah.

## Gift 2.

Last verses of Surah Bakarah

These verses were given to the Prophet ﷺ from a special treasure by Allah.

These verses are a special dua that Allah has taught us to make.

The sahabah would say that if a person has even a little bit of sense then that person would not go to sleep without reading these verses first.

When a person commits a sin, Allah can forgive. If a person sincerely asks Allah for forgiveness, promises that he wont do it again then Allah will forgive him.

The gift now applied to major sins as well (not including shirk) which were not forgiven before.

May Allah save us from Major Sins.

## Gift 3.

Pardoning Major Sins committed by Muhammad ﷺ 's Ummah.

KEY

## Shirk

Is a major sin which is to associate partners with Allah. Allah is one, if we believe that Allah has any partners or family then we have committed this grave sin.

# SALAH AND ME

Salah is fard on All Muslims from the Age of Puberty. This means that we need to get into the Habit of reading Salah regularly. Why not try the salah challenge! Can you do a full week of Salah?

	Fajr	Zuhr	Asr	Maghrib	Isha
Mon					
Tues					
Wed					
Thur					
Fri					
Sat					
Sun					

## Sunnah

There are two types of Sunnah:

Muakkadah  
(essential/ highly recommended)

Ghair Muakkadah  
(recommended)

## Number Of Rakah

	SUNNAH	FARD	SUNNAH	NAFL	WITR	NAFL
FAJR						
ZOHR						
ASR	4	4				
MAGHRIB						
ISHA						

## Definitions!

Fard	Sunnah	Nafil	Witr
These actions must be completed. It is compulsory on the person to do them.	These are the actions that our Prophet did and we must try to do them.	These are optional actions that we can do. They have great merit.	These are also very important compulsory actions. Similar to Fard.

1

I Read Salah with my mum today, it was really good

You don't need to read yet because you are only 7.

My mum said, I should read salah to get into this good habit

2

I sometimes read Salah as well when I go to mosque.

You should read salah more often

I try but its hard because of school

3

Did you know that some of the older kids pray at school. They asked the teacher and got a room to prayer in.

Wow that is amazing!

4

Do all of them pray at school

No, Just some of them. Some of them pray as soon as they get home from School.

5

Do you pray all your Salah?

Not all of them but quite a few. I do try but sometimes I get lazy

6

You should try harder, my mum says Salah takes five minutes everyday

Ok, I will try harder but sometimes I cant be bothered

7

You don't look like a lazy person! My mum said shaytan doesn't want people to pray salah so he tries many tricks to stop them.

Yeah. I wont let shaytan trick me again, Insha'Allah

8

I'm getting older, soon I will be ten. I am definitely going to pray everyday.

My mum says, A young person who follows Islam and does his duties is very special.

We are all special and we will all try harder ;)



# Returning to

# Makkah

After having these amazing experiences and meetings in the heavens, Muhammad ﷺ returned to Masjid Al-Aqsa. Again He mounted the Buraq and made the journey to Makkah.

On the way back to Makkah, Muhammad ﷺ passed many caravans that were making their way to Makkah. He stopped off and drank some water from a container. The tribe noticed someone had drunk the water because the container was open.

He passed a caravan that had lost one of their camels, Muhammad ﷺ had stopped and greeted them.

This whole journey of Al-Isra wal Miraj happened in one special night.

In the morning, Muhammad ﷺ related the whole story to his cousin Umm Hani. She believed the Prophet's ﷺ journey.

Muhammad ﷺ made his way to the Ka'bah, Umm Hani stopped him and asked the Prophet ﷺ if he was going to relate this story to the people of Makkah. He replied, "Yes". She requested, "I fear that the people would not believe you."

She was worried that they would make fun of Prophet Muhammad ﷺ and not believe the story. Muhammad ﷺ was only interested in telling them the truth. Whether the listener believed was not his concern.

Caravans travelling in desert

Water Container

A picture of the Ka'bah

**Continued >>**

# Returning to Makkah

While at the Ka'bah, the first person that the prophet Saw was Abu Jahal. He was an enemy of Islam. He asked Muhammad ﷺ mockingly "Have you any news today?"

Muhammad ﷺ replied " yes." Abu Jahal then asked "What is it?" Muhammad ﷺ said " Last night I was taken to Jerusalem." Abu Jahal was amazed"

Abu Jahl said "Then you woke up here amongst us?" The prophet ﷺ replied "Yes"

Abu Jahal knew, that the journey from Makkah to Jerusalem normally took months and incredibly, Muhammad ﷺ had made this journey in One night!

Abu Jahl took this as an opportunity to further mock the prophet ﷺ so that people would laugh at him. He advised Muhammad ﷺ to tell everyone his news.

Abu Jahl ecstatically called everyone to the prophet ﷺ, and told Muhammad ﷺ to tell them the story.

Prophet Muhammad ﷺ related the story of his journey to Jerusalem and back. The people of Makkah started to laugh and mock the prophet.

Many started telling others the story so that they could discredit Muhammad ﷺ. They Hoped that when the news gets to the Sahabah they would also laugh and think that Muhammad ﷺ wasn't telling the truth.

## Who was Abu Jahl?

The People of Makkah were against the Muslims because Makkah believed in many gods yet Muhammad ﷺ told them there is only one, Allah.

They took every opportunity to ridicule Muhammad ﷺ and the early Muslims.

They would also persecute the Muslims to cause them pain and injury. In some cases death.

## Who are the Sahabah?

# ABU BAKR



## The Siddique

Abu Bakr ﷺ was a very close companion of Muhammad ﷺ. He knew Muhammad ﷺ better than any other man, Abu Bakr ﷺ knew how honest and upright the prophet Muhammad ﷺ was. Abu Bakr ﷺ was also the first adult male to accept Islam.

Abu Bakr ﷺ was a great believer and soon after accepting Islam he immediately began to preach Islam to the people of Makkah. He provided great support and friendship to Muhammad ﷺ.

Abu Bakr ﷺ had great love for Muhammad ﷺ and Islam. He was willing to make great sacrifices for the sake of protecting and comforting our beloved Prophet ﷺ.

Abu Bakr ﷺ was a wealthy man and he used his wealth to help the people at times of need. Abu Bakr ﷺ used his wealth to free many slaves that were being barbarically tortured. Abu Bakr ﷺ freed the Abyssinian slave Bilal, who later became a great sahabi and was the first muadhin—the person who makes the call to prayer.

After the Al Isra, when the Makkans were laughing at the prophet ﷺ and didn't believe that the night journey

had happened, Abu Bakr ﷺ said:

"If Muhammad ﷺ actually said this, then it's true"

The Makkans were totally amazed, how can Abu Bakr ﷺ believe Muhammad ﷺ's story!

Abu Bakr ﷺ then said "How can this be surprising, I believe him when he receives revelation from Allah, which is even more amazing"

Abu Bakr ﷺ, like all Muslims, believed that an Angel was bringing great wisdom and guidance from Allah—the Quran. Al Miraj was just another amazing part of this so what was there not to believe?

Abu Bakr ﷺ then went to the prophet Muhammad ﷺ and he asked the prophet if it was true what the people were reporting.

The prophet ﷺ replied, "Yes".

Abu Bakr ﷺ said "I believe you, you have never told a lie"

Abu Bakr ﷺ knew Muhammad ﷺ was a true prophet and always told the truth in all matters. The prophet Muhammad ﷺ, really appreciated Abu Bakr's ﷺ trust at a time when many people didn't believe him and mocked him. Abu Bakr ﷺ was given the title 'Siddique' - a faithful witness of the truth. This title has remained with Abu Bakr right through his life time and even today.

# Muhammad



Muhammad ﷺ was a messenger of Allah. He was selected by Allah to teach people about Allah and how to live a good life.

His Job was the same as the many prophets that came before him.

**Every nation was sent a prophet**

However there are a few key differences that we should know and learn about our beloved Prophet Muhammad ﷺ.

Picture of Masjid Nabwi Here

**Prophets were give miracles or proofs to show the people that they were true messengers of Allah.**

— 1 —

Prophet Muhammad ﷺ was given the Quran which is the miracle of miracles. A miracle we can still see today.

**When a prophet passed away, his teachings would soon be changed or corrupted. So much so that the original message was changed**

— 2 —

The message of Muhammad ﷺ is preserved in its original form in the Quran and Hadith.

**Allah would often send many prophets to a people over time to keep bringing them back to the true path.**

— 3 —

Muhammad ﷺ is the last and final messenger of Allah. No more prophets will come after our Prophet.

**A prophet was sent to a people to bring them to guidance. The teachings were a cure for whatever sins were common at that time.**

— 4 —

The message of Muhammad ﷺ is an answer to all problems that are prevalent in society.

**A prophet would bring guidance to his own people and teach them about Allah.**

— 5 —

Muhammad ﷺ was sent to all mankind. He was a universal prophets for all the people on the Earth. He is still a prophet for all mankind even today.

**When a prophet was sent to a people it was required for them to follow that prophet.**

— 6 —

There are no more prophets to come after Muhammad ﷺ. He was the last and final prophet. Everyone is required to follow Prophet Muhammad ﷺ.